



## APPROVAL

**This Fall Protection Program is hereby approved:**

**Signature** \_\_\_\_\_ **Date** \_\_\_\_\_

**Signature** \_\_\_\_\_ **Date** \_\_\_\_\_

**Signature** \_\_\_\_\_ **Date** \_\_\_\_\_

# Fall Protection Program

## 1.0 PURPOSE

To establish uniform requirements to ensure that fall protection training, operation, and safety provisions are comply and understood by all affected employees and to ensure equipment relating to personal fall protection is provided, used, and maintained in a reliable condition.

## 2.0 OVERVIEW

Fall prot

## **4.0 RESPONSIBILITIES**

### **4.1 Environmental Health and Safety (EHS)**

- 4.1.1 Establish, maintain, and update the Program.
- 4.1.2 Coordinate fall protection training.
- 4.1.3 Review and approve the Fall Protection Work Plan.
- 4.1.4 Assess potential fall hazards and control measures.
- 4.1.5 Approve personal fall arrest/restraint equipment.
- 4.1.6 Inspect or designate other personnel to inspect personal fall arrest/restraint equipment twice annually and document the inspection using the established inspection checklist in Appendix C.
- 4.1.7 Maintain training documentations and inspection records for personal fall arrest/restraint equipment.

### **4.2 Managers**

- 4.2.1 Ensure affected employees received proper training prior to beginning work that exposed them to potential fall hazards (aerial lift training, ladder safety, roof safety, etc).
- 4.2.2 Ensure employees in their department follow all rules and procedures pertaining to fall protection and this Program.
- 4.2.3 Complete and submit Fall Protection Work Plan to EHS for approval before

a recognized degree, certificate, or professional standing or who, by extensive knowledge, training, and experience has successfully demonstrated the ability to solve or resolve

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5.4

person and by the user prior to usage. A competent person is someone who is  
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components and who is capable of identifying existing and predictable hazards in the  
proper selection, use and maintenance of fall protection.

- 6.3 Anchorage points shall be inspected by the user prior to usage.
- 6.4 Equipment shall be examined for signs of defect and physical damage. All hardware shall be examined for nicks, cracks, corrosion or distortion.
- 6.5 Any equipment showing sign of defect, damage, deterioration or alteration shall not be used and must be discarded immediately. **Only the equipment manufacturer or supplier can repair or recertify the equipment.**

## 7.0 RESCUE PROCEDURES

### 7.1

- x If there are more than one employees working on the project, ensure that all employees involved had received fall protection and/or aerial lift training.
- x Inspect personal fall arrest equipment and aerial lift prior to using.
- x Ensure fall arrest

9.7 When using ladder for roof access, the top of the ladder must extend at least 3 ft beyond the point of support.

## **10.0 FALL PROTECTION PROCEDURES FOR ROOF**

10.1der for roof ae

10.12



## **13.0 RECORDKEEPING**



**Appendix B**  
**Roof Fall Protection Work Plan**

<b>FALL PROTECTION WORK PLAN</b>
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<b>Job Location:</b>
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**FALL PROTECTION WORK PLAN**

6. Describe methods for promptly rescuing employees in an event of a fall and removal of injured employees:

7. Identify method used to determine the adequacy of attachment/anchorage points:

<input type="checkbox"/> O D Q X I D F W X U H U	<input type="checkbox"/> Good faith assessment	<input type="checkbox"/> Existing engineering/design documents
<input type="checkbox"/> Evaluation by qualified engineer	<input type="checkbox"/> Other (describe):	

8. List employees who will be performing work under this plan and the date they received fall protection training.

<u>Name</u>	<u>Training Date</u>





## Carabiners

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## **APPENDIX D**

### **Portable Ladder Safety Guidelines**

#### **Storage and Maintenance**

1. Store wooden ladders in well ventilated areas and away from excessive heat or moisture.
2. When storing ladders horizontally, support ladders to avoid sagging and permanent set.
3. Clean ladders after exposure to greases, oil, or other slippery substances.
4. Do not paint ladders so that it covers cracks or defects.

#### **Inspection**

1. Inspect ladders before using.
2. Do not use ladders with broken, weak, or missing components.
3. Do not use ladders with corrosion inside of hollow rungs.
4. Do not use ladders with the rungs supported solely with nails or other similar fixing devices.
- 5.



## Extension Ladders

### When placing extension ladder

1. 7KH KRULJRQWDO GLVWDQFH IURP WKH IRRW RI WKH ODGC
2. The ladder extends 3 feet above the rung on which the person is working.
3. An intermediate landing place is provided for each rise of 20 feet.
4. The ladder rises at least 3 feet above any landing place.
5. The ladder passes through floor openings that are as small as possible.

### When securing extension ladder

1. Fix a board to evenly distribute the load, when resting it against a window frame.
2. Fix them at the top and foot so that they cannot move.
3. When securing a ladder at both the top and bottom is not possible, fix it at the base.
4. If this is no

