

By Linda Thorlaksen

Staff Writer

How far would most be willing to journey in search of a better world? One thousand miles? Two?

Thanks to Kathy Saffas and Elyse Lam, East Bay residents need venture no further than "Better World of Music and Dance" on Russell Way in Hayward.

To Saffas and Lam, founders of the combined music and dance studio, creating a better world means continually molding their program to maximize the musical and body movement potential of each and every student, whether that student be a three-year-old, or the great grandma of a three-year-old.

Co-owner Saffas, is a CSUEB graduate who teaches voice, directs the children and adult choruses, and oversees the piano, guitar, flute, bass, and bass guitar lessons.

Saffas said she refuses to allow a

By Anne Cunningham

Staff Writer

Everyone's favorite nightmare has returned - in another dimension.

Producer Tim Burton's 'The Nightmare Before Christmas' celebrated the 13th anniversary of the original theatrical release with an exciting comeback to the big screen - seamlessly transformed into Digital 3-D.

Part ghostly love story, part dysfunctional holiday celebration and part offbeat musical, the original 'Nightmare' was always multi-dimensional, but the new 3-D version transforms the movie for a new generation of fans to enjoy.

Donning state-of-the-art polarized 3-D glasses, audiences now have the chance to get truly up close and personal with the film's ghoulish cast. They'll be transported directly into the three-dimensional center of the haunted house, enhancing the fright factor.

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